

RECOMMENDED IMMUNIZATIONS



DISEASE	RECOMMENDATION	WHEN TO SEE A DOCTOR
Routine	Recommended if you are not up-to-date with routine shots such as measles / mumps/ rubella (MMR) vaccine, diphtheria/pertussis/tetanus (DPT) vaccine, poliovirus vaccine, etc.	Varies
Cholera	Not required.	N/A
Dengue	There is no preventative treatment for dengue fever. Utilizing bug repellent generously will help prevent this as well as wearing long pants and closed shoes especially at twilight hours. As a general rule, Vida attempts to not plan itineraries in prime dengue fever areas.	N/A
Flu	Annual flu vaccination recommended.	Upon Availability
Hepatitis A	Vaccination recommended (series of 3 shots) (especially for dental students)	6–12 months prior to travel
Hepatitis B	Vaccination recommended (series of 3 shots) (especially for dental students)	6–12 months prior to travel
Malaria	Vaccination recommended (Malaria is present in some tropical areas of Costa Rica)	6–12 months prior to travel
Rabies	Vaccination recommended (especially for veterinary students).	1 month before travel
Typhoid	Vaccination recommended	10 days before travel
Yellow fever	Certificate of vaccination required if arriving from an infected area. You do not need this certificate to enter Central America, nor to return to the US or Canada after your trip.	10 days before travel

IMPORTANT NOTES:

Vaccine recommendations are based on the best available risk information. Please note that the level of risk for vaccine-preventable diseases can change at any time.

Rabies vaccine is sometimes in limited supply. For updates on the rabies vaccine supply, please check the Rabies News and Highlights page regularly.

<https://www.cdc.gov/rabies/resources/news/index.html>

For further information about immunizations, visit

<http://wwwn.cdc.gov/travel/>